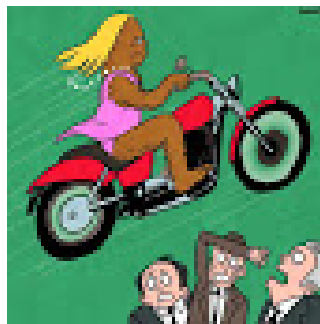


## 7 Hilariously Weird Dreams That Will Keep You Up At Night

Match the photos with the dreams and then include the missing text

had	capture	theatre	mob	pictures	bucket	funeral
terrified me	were slap-fighting	caught up	steamy	I had a dream	dreamt	drag

- "I was running away from the scary guy in the movie *Scream* and he finally \_\_\_\_\_ to me and shoved my face in a \_\_\_\_\_ of spaghetti."
- "\_\_\_\_\_ I was stranded in the middle of the ocean in a small boat with Pinnochio, and all we had to eat were Froot Loops. For whatever reason, this dream \_\_\_\_\_ so I still remember it years and years later."
- "I \_\_\_\_\_ a dream in which I spent a \_\_\_\_\_ evening with E.T., and he... pleased me."
- "I \_\_\_\_\_ about the people who had waffles for heads and someone took a giant bite out of the top of one of them so he died and they had a \_\_\_\_\_ for him. I woke up crying."
- "Batman (Christian Bale's version) and Jareth the Goblin King (from the *Labyrinth*) \_\_\_\_\_ each other like children over who was going to go to the \_\_\_\_\_ with me."
- "Sasquatch dressed \_\_\_\_\_ in riding a motorcycle around a small rectangular room full of \_\_\_\_\_ dudes."
- "George Bush was showing me how to take \_\_\_\_\_ of cats. He was writing plays on a whiteboard like a football coach... showing a plan of action to \_\_\_\_\_ the presidential cats as they lay multicolored eggs all over the place. "



Common meanings of dreams

Match the correct definitions with their meanings.

<b>Being chased</b>	are obstacles, so to dream of successfully conquering one can reveal a true feeling of achievement. Viewing a landscape from atop can symbolize a life under review without conscious prejudice.
<b>Mountains</b>	or any other kind of transport is another common dream, revealing frustration over missing important opportunities in life. It's most common when you're struggling to make a big decision.
<b>Teeth</b>	in your dreams does not make you a closet murderer; it represents your desire to "kill" part of your own personality. It can also symbolize hostility towards a particular person.
<b>Hair</b>	is one of the most common dream symbols in all cultures. It means you're feeling threatened, so reflect on who's after you (they may be symbolic) and why they're a possible threat in real life
<b>Hands</b>	is a common dream symbol that relates to our anxieties about letting go, losing control, or somehow failing after a success.
<b>Falling</b>	are common dream symbols. Dreaming of losing your them may mark a fear of getting old and being unattractive to others.
<b>Missing a flight</b>	is one of the most common dream symbols, revealing your true self to others. You may feel vulnerable and exposed to others. Showing off yourself may suggest sexual urges or a desire for recognition.
<b>Killing</b>	are always present in dreams but when they are tied up it may represent feelings of futility. Washing them may express guilt. Looking closely at them in a dream is a good way to <a href="#">become lucid</a> .
<b>Water</b>	comes in many forms, symbolizing the unconscious mind. Calm pools of it reflect inner peace while a choppy one can suggest unease.
<b>Nudity</b>	has significant ties with sexuality, according to Freud. Abundant hair may symbolize virility, while cutting hair off in a dream shows a loss of libido. Hair loss may also express a literal fear of going bald.



## Dreams

- Do you usually have dreams? What are they like? Are they stories or disconnected events? What happens?
- Can you remember any recent dream? Can you “explain” it?
- What sort of things usually occur in your dreams? For instance, do you dream about things which happened during the day such as working and studying?
- Do you have or do you know about any recurring dreams? Flying, falling and losing clothes in public are said to be common!
- Do you ever have “lucid dreams”. In other words, do you ever become aware that you are dreaming and then control the dream?
- Do you frequently have nightmares? What happens in them? (If it's distressing, then you don't have to answer.)
- Do you think that we can learn anything from dreams? Some people claim that we can learn things about the future from dreams. What do you think about this idea?
- Have you ever had a dream which seemed to come true? What happened?
- When you are doing something during the day, are you ever suddenly reminded of a dream you had during the night?
- Do animals dream or only humans? If animals dream does that mean that they can think?
- Some people claim they have been the victims of “alien abductions”. Were they dreaming?
- In your culture, what do specific dreams mean? For example, dreaming of pigs in the Korean culture means the dreamer will be getting a lot of money.
- Do you dream in color?
- What language do the people in your dream speak?

## Sleep

- Do you have any techniques to help you to get to sleep if you have trouble dropping off?
- Do you like to read or watch TV in bed? Does this help you to sleep or keep you awake?
- Why do we sleep? Is it to rest our bodies? - but we could do that sitting in a chair!
- Do we sleep to rest our minds? - but our unconscious minds keep working!
- Is the purpose of sleep to allow us to dream?
- Do you, or any of your family, sleepwalk? Is it dangerous to wake people who are sleepwalking? Do you know anybody who sleeps with their eyes open?
- Do “answers” to problems you have been thinking about come to while you are asleep? Can you think of any examples?
- How many hours sleep do you normally have? How do you feel if you don't get your expected amount?
- When do you usually go to bed when do you usually get up? Is it the same at weekends?
- How do you usually wake up?
- What's the longest you've gone without sleep? Why? How did you feel?
- A siesta is popular in some countries. Do you take one? What do you think of this custom?

## 30 Common Dream Symbols

1. **Animals** often represent the part of your psyche that feels connected to nature and survival. Being chased by a predator suggests you're holding back repressed emotions like fear or aggression.
2. **Babies** can symbolize a literal desire to produce offspring, or your own vulnerability or need to feel loved. They can also signify a new start.
3. **Being chased** is one of the most common dream symbols in all cultures. It means you're feeling threatened, so reflect on who's chasing you (they may be symbolic) and why they're a possible threat in real life.
4. **Clothes** make a statement about how we want people to perceive us. If your dream symbol is shabby clothing, you may feel unattractive or worn out. Changing what you wear may reflect a lifestyle change.
5. **Crosses** are interpreted subjectively depending on your religious beliefs. Some see it as symbolizing balance, death, or an end to a particular phase of life. The specific circumstances will help define them.
6. **Exams** can signify self-evaluation, with the content of the exam reflecting the part of your personality or life under inspection.
7. **Death** of a friend or loved one represents change (endings and new beginnings) and is not a psychic prediction of any kind. If you are recently bereaved, it may be an attempt to come to terms with the event.
8. **Falling** is a common dream symbol that relates to our anxieties about letting go, losing control, or somehow failing after a success.
9. **Faulty machinery** in dreams is caused by the language center being shut down while asleep, making it difficult to dial a phone, read the time, or search the internet. It can also represent performance anxiety.
10. **Food** is said to symbolize knowledge, because it nourishes the body just as information nourishes the brain. However, it could just be food.
11. **Demons** are sneaky evil entities which signify repressed emotions. You may secretly feel the need to change your behaviors for the better.
12. **Hair** has significant ties with sexuality, according to Freud. Abundant hair may symbolize virility, while cutting hair off in a dream shows a loss of libido. Hair loss may also express a literal fear of going bald.
13. **Hands** are always present in dreams but when they are tied up it may represent feelings of futility. Washing your hands may express guilt. Looking closely at your hands in a dream is a good way to [become lucid](#).
14. **Houses** can host many common dream symbols, but the building as a whole represents your inner psyche. Each room or floor can symbolize different emotions, memories and interpretations of meaningful events.
15. **Killing** in your dreams does not make you a closet murderer; it represents your desire to "kill" part of your own personality. It can also symbolize hostility towards a particular person.
16. **Marriage** may be a literal desire to wed or a merging of the feminine and masculine parts of your psyche.
17. **Missing a flight** or any other kind of transport is another common dream, revealing frustration over missing important opportunities in life. It's most common when you're struggling to make a big decision.

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18. **Money** can symbolize self worth. If you dream of exchanging money, it may show that you're anticipating some changes in your life.
19. **Mountains** are obstacles, so to dream of successfully climbing a mountain can reveal a true feeling of achievement. Viewing a landscape from atop a mountain can symbolize a life under review without conscious prejudice.
20. **Nudity** is one of the most common dream symbols, revealing your true self to others. You may feel vulnerable and exposed to others. Showing off your nudity may suggest sexual urges or a desire for recognition.
21. **People** (other dream characters) are reflections of your own psyche, and may demonstrate specific aspects of your own personality.
22. **Radios and TVs** can symbolize communication channels between the conscious and unconscious minds. When lucid, [ask them a question](#).
23. **Roads**, aside from being literal manifestations, convey your direction in life. This may be time to question your current "life path".
24. **Schools** are common dream symbols in children and teenagers but what about dreaming of school in adulthood? It may display a need to know and understand yourself, fueled by life's own lessons.
25. **Sex** dreams can symbolize intimacy and a literal desire for sex. Or they may demonstrate the unification of unconscious emotions with conscious recognition, showing a new awareness and personal growth.
26. **Teachers**, aside from being literal manifestations of people, can represent authority figures with the power to enlighten you.
27. **Teeth** are common dream symbols. Dreaming of losing your teeth may mark a fear of getting old and being unattractive to others.
28. **Being trapped** (physically) is a common nightmare theme, reflecting your real life inability to escape or make the right choice.
29. **Vehicles** may reflect how much control you feel you have over your life - for instance is the car out of control, or is someone else driving you?
30. **Water** comes in many forms, symbolizing the unconscious mind. Calm pools of water reflect inner peace while a choppy ocean can suggest unease.